

Dear Sir / Madam,

This is in reference to this office letter No. F.2-64/2023(CPP-II) dated 2nd November,2023 regarding Celebration of Fit India Week from 15th November to 15th December,2023. During that time, all the Universities and its affiliated Colleges can choose a week at their convenience and organise various sports and fitness activities for 4-6 days.

In continuation with the same, we would like to inform you that University Grants Commission (UGC) in collaboration with Sports Authority of India (SAI), Ministry of Youth Affairs and Sports will be conducting an orientation session to provide further details and guidance on the Celebration of Fit India Week. The session is scheduled on 10thNovember 2023 at 2.00P.M. through online mode as per details given below:

Topic: Orientation Session-Celebration of Fit India Week

Time: Nov 10, 2023 02:00 PM India

Join Zoom Meeting

<https://us06web.zoom.us/j/89726343075?pwd=Npj81Rkm6j2V6dPClzaIcQ7bTeeELh.1>

Meeting ID: 897 2634 3075 Passcode: 294229

We kindly request your esteemed institution to participate in this session and extend this request to your affiliated colleges. Your active participation in this session is not only an opportunity for us to collectively contribute to the well-being our students and staff but also an essential step in ensuring the success of Fit India Week.

To confirm your participation, please respond to ssiwach.ugc@nic.in with your full name and designation.

Thanks and regards,

(Sunita Siwach)
Joint Secretary, UGC